



St. Paul's Episcopal Church
McHenry, IL



Weekly ePistle
February 27, 2019

New and Notable..

Thoughts from Lori

What a winter we're having! Week after week, we've had either snow or bitter cold temperatures -- or both -- which have understandably suppressed our Sunday attendance! (By the way, when you can't come in person, it would be very helpful if you would send in your pledge. Thanks.)

But spring will come. Lent, too, is right around the corner. SHROVE TUESDAY is next week, followed of course by ASH WEDNESDAY. Our version of Shrove Tuesday and Mardi Gras is TACO TUESDAY. All the makings for tacos will be served beginning at 6:00pm. There's no charge, but a donation will be gladly accepted.

On **Ash Wednesday, March 6th**, Holy Eucharist and Imposition of Ashes will be offered at noon and 7:00pm, and thus Lent begins. Let's hope that March will also usher in the beginning of spring!

Faithfully,
Lori



ASH WEDNESDAY

March 6th

Holy Eucharist and Imposition of Ashes

Noon and 7pm



Shrove Tuesday (Taco Tuesday)

March 5, 2019

6:00 – 8:00 pm

We welcome our parish family & friends to attend our TACO TUESDAY dinner. The parish will be preparing the fixings for our dinner but will need your support for some of the other items needed. It would help us if you could let us know how many will be coming from each of your families. We also need people to help set up tables/decorate and prepare food (cooking meat and cutting up vegetables). We will have a sign-up sheet in the Narthex or you can reach out to Marilyn Bell – 815-529-2639.

As always a cash donation would be appreciated but we also are needing some of the items listed below.

Guacamole
Salsa
Refried Beans
Dessert: Fruit, Brownies, etc.
Vegetable Tray
Red Wine
Bottled Water

In case you missed it...



St. Paul's Welcome Committee Offers Labyrinth Training Invitation

St. Paul's Welcome Committee invites parishioners to participate in a labyrinth workshop this Saturday, March 2nd from 9am to 12pm in St. Paul's Parish Hall. Catherine Carroll and Rev. Fran Holiday of St. Mary's, Crystal Lake, will be leading the labyrinth workshop training. St. Mary's has generously allowed St. Paul's to use their labyrinth during Lent this year. Catherine is St. Mary's labyrinth expert and has given workshops at other churches. Several members of St. Paul's Vestry and the Welcome Committee will participate in this training. We invite you to join us. You will learn the centuries-old history of labyrinths, various mediations, and other uses of labyrinths.

The labyrinth is a spiritual tool that has many applications in various settings. It reduces stress, quiets the mind and opens the heart. It is a walking meditation, a path of prayer, and a blue-print where psyche meets Spirit, says The Reverend Dr. Lauren Artress, Creator of The Labyrinth Project and President of Veriditas.

A labyrinth is not the same as a maze. With a labyrinth there are no decisions to be made, no tricks, no dead ends, and its whole is always visible. A maze, on the other hand, is a puzzle with many possible routes. Mazes are meant to disorient the seeker. A labyrinth has only one path that leads the seeker into the center and back out again. Each walk is a different experience for each person. Labyrinths have been in existence since before Christ. For more information about labyrinths please go to: www.veriditas.org

Please contact a member of the Welcome Committee (Carol Toft, Kathy Biggerstaff, Ray Bishop, Charles Sterbis, and Jim Lukas) to reserve your spot in this exciting ministry. Space is limited to 12-15 people, so let us know ASAP!

St. Paul's will hold weekly labyrinth walks twice daily on Thursdays to members of our community during Lent. St. Paul parishioners will act as docents to members of the community as they walk the labyrinth. The Committee has identified several community organizations and churches that may find walking the labyrinth beneficial and will use social media and word of mouth to publicize this event. There is no cost to walk the Labyrinth.

The usual fare...

On the Calendar...

Men's Breakfast - Saturday, March 2, 8:00 am
Shrove Tuesday / Taco Dinner - March 5, 6:00 pm - 8:00 pm
Ash Wednesday - March 6, noon & 7:00 pm
Labyrinth Walk hours -
Thursdays, 11am-1pm, 5:00pm-7:30pm
starting March 14
Vestry - Thursday, March 21, 6:30 pm

Lessons and Hymns for this Sunday, March 3, 2019

Last Sunday after Epiphany (Year C)

by the Rev. William P. McLemore

THE SCRIPTURE LESSONS:

The Old Testament: Exodus 34:29-35. Moses speaks to the Lord and his face shines so much he uses a veil to cover it amongst the people. **Psalm 99.** "The Lord is King."

The Epistle: II Corinthians 3:12-4:2. Paul refers to Moses' veil and claims that the followers of Christ behold the glory of God without veils. **The Gospel:** Luke 9:28-36 (37-43). The first portion tells the story of the transfiguration of Jesus. The second portion tells of Jesus healing a young boy with seizures.

THE HYMNS:

Processional: No. 376. "Joyful, joyful, we adore Thee." This hymn was written by a well-known Congregationalist minister, the Rev. Dr. Henry Van Dyke. His son tells the story that his father, while on a preaching visit at Williams College, came to breakfast and placed a manuscript on the table before President James A. Garfield and said to him, "Here is a hymn for you... Your mountains [the Berkshires] were my inspiration. It must be sung to the music of Beethoven's 'Hymn to Joy.'" As you sing this hymn you will invariably see the magnificent Berkshire mountains in your heart: "All thy works with joy surround thee, earth and heaven reflect thy rays, stars and angels sing around thee, center of unbroken praise. Field and forest, vale and mountain, blooming meadow, flashing sea, chanting bird and flowing fountain, call us to rejoice in thee." Henry van Dyke said of this hymn: "These verses are simple expressions of common Christian feelings and desires in this present time—hymns of today that may be sung together by people who know the thought of the age, and are not afraid that any truth of science will destroy religion, or any revolution on the earth overthrow the kingdom of heaven. Therefore this is a hymn of trust and joy and hope."

Sequence: No. 616. "Hail to the Lord's anointed." This hymn was written in 1821 by James Montgomery to be used by a Moravian Settlement during the Christmas season. It is based upon Psalm 72. "He comes with succor speedy, to those who suffer wrong, to help the poor and needy, and bid the weak be strong." The tune is an adaptation of a German folk song and should be sung happily with hearts of joy!

Presentation: No. 377. "All People that on earth do dwell." This hymn is the earliest example in our Hymnal of the metrical versions of the Psalms which played such an important role in the church music of England and America from around 1650 to 1850 (200 years). The tune is called "The Old Hundredth" because it is based on the 100th Psalm. The music was composed by Louis Bourgeois.

Communion: "O Lord, Hear My Prayer." This is a Taize community musical paraphrase to a psalm (102:1-2). It was set to music by Jacques Bertheir (1923-1994) in 1991, shortly before he died. The Psalm reads, "Lord, hear my prayer, and let my cry come before you; hide not your face from me in the day of my trouble."

Recessional: No. 544. "Jesus shall reign." There are about a dozen hymns in our hymnal that are my favorite and this one is close to the top of the list. Isaac Watts (1674-1748) created this happy and joyful song based on Psalm 72. The imagery of the risen Christ is certainly found in the words of this hymn, especially the 4th verse, "the prisoners leap to lose their chains." The tune "Duke Street," composed by John Hatton (d. 1793) is easy to sing and reflects the joy of Easter in its melody.

Servants for March 3rd

Rick Carlstedt, Don Jaworski - *Ushers*
Judy Robel - *Lector*
Terry Jaworski - *Intercessor*
Charles Sterbis- *Eucharistic Minister*
Kathy Biggerstaff - *Vestry Person of the Day*
Jianna Pecoraro - *Children's Crucifer*
Doris Gaic - *Altar Guild*
Pam Dietmeyer- *Flower Guild*

From the studio of William P. McLemore



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